

Pertuzumab + trastuzumab maintenance

Pertuzumab and trastuzumab are given by infusion every 21 days after the chemotherapy phase of the metastatic treatment plan. Duration depends on benefit, tolerance and the agreed plan; this is not a fixed one-year adjuvant course.

Draft — independent clinical, pharmacy and patient/PPI review pending. Selected effects; not a complete medicine leaflet.

A picture of side effects

Numbered symptom boxes connect to the anatomical illustration. The medicine responsible may be uncertain; report the symptom.

1 Heart pumping function

Pertuzumab + trastuzumab

Keep scheduled echoes. New breathlessness, ankle swelling or reduced exercise tolerance: contact oncology promptly.

3 Infusion / allergic reaction

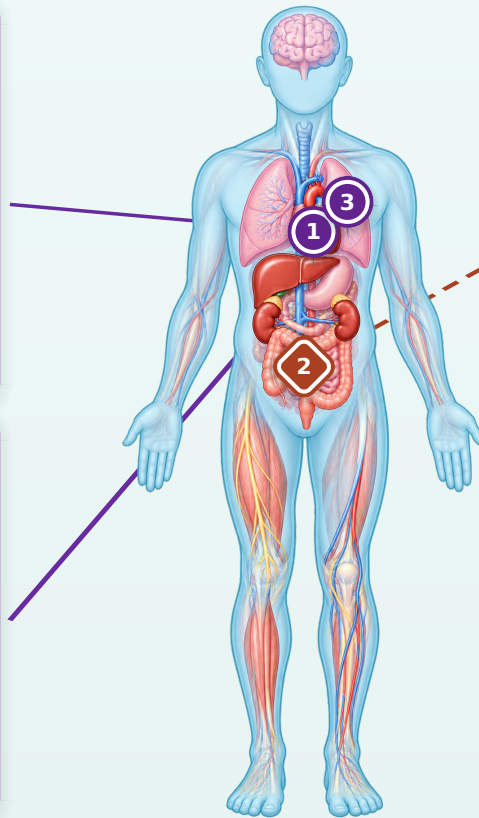
Both HER2 antibodies

During treatment, tell staff immediately about flushing, rash, chest tightness or breathing difficulty.

2 Diarrhoea

Especially pertuzumab

Report frequent / watery stools early, especially with dizziness or poor fluid intake.



Selected effects, not every possible effect or a prediction. Blood-count, skin and line markers are schematic. Number and text carry meaning; colour is decorative.

Fever, shivers or suddenly unwell: contact oncology immediately. Severe chest pain, breathing difficulty, collapse or seizure: 112 / 999.

Your treatment, at home.

Important medicine-specific effects

Pertuzumab

- Diarrhoea and dehydration
- Infusion / allergic reaction
- Heart pumping-function reduction
- Rash and fatigue

Trastuzumab

- Heart pumping-function reduction / heart failure
- Infusion or allergic reaction
- Diarrhoea and fatigue
- Rare serious lung effects

Surgery, radiation and monitoring: [open the whole-treatment map](#) or scan the QR.

Make the plan practical

Infusion planning

Confirm the last treatment date with the team; long gaps can change the loading-dose plan.

Heart checks

Echoes continue on maintenance. Report new breathlessness, ankle swelling or rapid weight gain.

Bowel symptoms

Report diarrhoea early and follow the agreed hydration/support plan.

Response and daily life

Keep response-review appointments. Ask for support with fatigue, activity, sexual wellbeing and practical concerns.

Emergency: 112 / 999. Severe breathing difficulty, collapse, seizure or severe chest pain needs emergency help.

Contact oncology immediately for temperature $\geq 37.5^{\circ}\text{C}$ or $\leq 36^{\circ}\text{C}$, shivering or suddenly feeling unwell, even with a normal temperature. Follow your own hospital's instructions. If you cannot reach the team, seek urgent medical assessment.

YOUR ONCOLOGY TEAM · DAYTIME

Insert numbers here

Acute Oncology Service

YOUR ONCOLOGY TEAM · OUT OF HOURS

Insert numbers here

Ask for medical oncology

EVENINGS / OVERNIGHT

Your out-of-hours pathway / nearest ED

Other hospitals: use the numbers your team provides.



Complete reference, visual timeline and passport

<https://sactcheck.com/patient/00726/>

Sources and review status are available online. Follow your own prescription and hospital instructions.